## before you start

FOR MORE INFORMATION ON healthy homes

Contact your local health department
Wear old clothing that can be washed.

## DANGER!

Pregnant women must NOT clean up lead dust. The dust can harm the developing baby.

Keep children away from the cleaning area.

DO NOT smoke or eat while cleaning.

Ohio Department of Health
1-877-LEAD-SAFE
http://www.odh.ohio.gov
U.S. Environmental Protection Agency (EPA)
http://www.epa.gov
Centers for Disease Control and Prevention http://www.cdc.gov/environmental/
U.S. Department of Housing and Urban Development (HUD)
http://www.hud.gov/offices/lead/healthyhomes/
National Center for Healthy Housing
http://www.nchh.org

Poison Control Center
1-800-222-1222

Vacuum Loaner Program
Residents can borrow vacuum cleaners
from various local and state organizations.
For more information and a list of locations, visit
http://www.odh.ohio.gov
(keyword search = vacuum loaner program)


## CLEANING TO CONTROL

 lead dust in your home

Ohio Department of Health
Bureau of Child and Family Health Services

Ohio Healthy Homes and Lead Poisoning Prevention Program

246 North High Street
Columbus, OH 43215
1-877-LEAD-SAFE
http://www.odh.ohio.gov bcfhs@odh.ohio.gov

## SUPPLIES CHECKLIST:

- Plastic or rubber gloves
- Plastic trash bags
- Lint free disposable rags
- A spray bottle filled with water
- 2 Plastic buckets or 1 divided bucket
- A mop with washable or disposable cloths

Water and cleanser

- A HEPA vacuum - common household vacuums will spread lead dust into the air


## PREPARE THE AREA:

Wearing gloves, pick up large paint chips found on floors, porches, and other areas around the home

- Place the chips in a plastic bag
$\square$ Remove smaller paint chips by spraying them with water before sweeping them up with a broom. Dry sweeping will spread lead dust around

Seal the plastic bag
$\square$ Place bag in garbage


If unable to complete a whole house cleaning, start with the danger areas in rooms where children spend time.
The most likely danger areas are windows and doors.
Careful cleaning of areas that contain lead is very important. Lead dust collects on window sills, floors, walls, and toys.

## CARPETS AND VACUUMING:

Use a vacuum with true HEPA filtration. This will keep the lead dust from being released back into the air. Many local health departments or housing authorities have HEPA vacuums


- Clean from top to bottom, vacuum furniture and drapes first
- Very slowly vacuum carpeting and area rugs
- Flip rugs over and vacuum the other side as well
- Throw rugs may be separately washed in a washing machine
[. Change vacuum cleaner bags/canisters outside the home

If possible, remove carpeting. Hard floor surfaces are easier to keep clean.

## WHOLE HOUSE CLEANING:

Wear plastic or rubber gloves

- Fill one side of the two-sided bucket with water and cleanser
- Fill one side with water only

Clean from the ceiling to the floor with rags. Start at the farthest corner of the room and work towards the door

Wash all surfaces with the detergent
Change detergent water and rags frequently

- Pour used water and cleanser down the toilet. Avoid throwing in sinks, bathtubs, and yards

Mop one area in a room at a time by using cleanser water, followed by fresh rinse water

Change both rinse and cleanser water often
Change mop cloth with each room change


